



Floating Lotus Integrated Bodywork

Beth Youngdoff, CMT & Reiki Master

Name: _____ Date: _____

Mailing Address: _____ City: _____ Zip: _____

HOW CAN I CONTACT YOU? MAY I LEAVE A MESSAGE? YES NO

Phone: _____ Email: _____ DOB: _____ Gender: M F

Emergency Contact

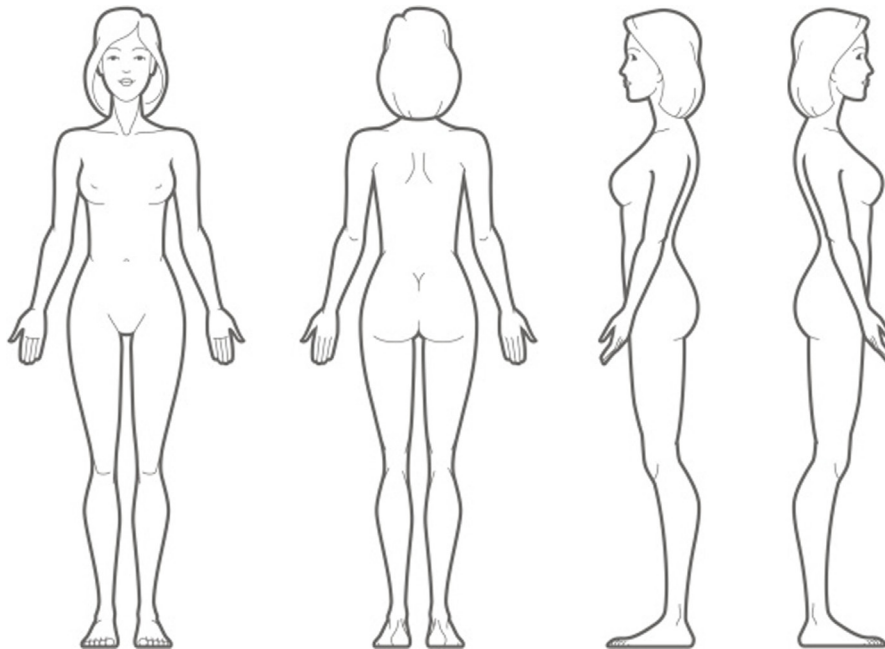
Name: _____ Phone(s): _____ Relationship: _____

Are you currently under a physician's care? YES NO

Physician's name: _____ Phone: _____

Conditions/ Prescribed Medications: _____

Please mark any areas of pain or discomfort:



Who may I thank for referring you? _____

Have you had integrated bodywork before? Y N When and why? _____

What is the reason for your visit today? _____

Have you had injuries, hospitalizations or continuing treatment for any illnesses in the past 2 years?

Do you have any reproductive or gynecological issues you would like to address?

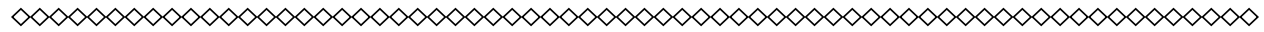
What OTC medications, dietary supplements, vitamins, herbs, tinctures, etc. do you take?

Are you experiencing challenges or stresses that may be affecting your health?

Do you have any allergies? _____

Habits: Please check any which apply to you:

- Exercise If yes, type and how often: _____
- Tobacco If yes, amount per week: _____
- Alcohol If yes, # of drinks/week: _____
- Caffeine If yes, # of sodas/day: _____ # coffee/tea per day: _____
- Recreational drugs If yes, type(s)/frequency: _____



I would like to make your experience as positive as possible. Please tell me about your preferences:

Are you sensitive to scents? _____

Do you prefer oil or lotion? _____ Any likes or dislikes on music? _____

Do you have any special needs (positioning, assistance in mobility, etc.?)

Other? _____

All information is confidential and will not be shared without your written permission.

*We will be working together to improve your overall wellness.
The ONLY thing you need to do is speak up IMMEDIATELY If you are uncomfortable,
have questions about what we are doing, or need to take a break from the session.*

I hope we will enjoy a long and productive relationship as therapist and client.